

The Journey Spiritward

May 1, 2024

Planning a trip? Don't forget to take a travel guide with you.

Hymns

1. Hymn. 599

Whither shall I go from Thy spirit? / Or whither shall I flee from Thy presence? / If I ascend up into heaven, Thou art there. / If I make my bed in hell, Thou art there. / If I take the wings of the morning and dwell in the / uttermost parts of the sea, / Even there shall Thy hand lead me and Thy right / hand shall hold me. /

DESCANT / Grace unto you and peace from above. / Peace from on high, from my Spirit. / Be still and know I am God. / Be still and know that I am God. / Peace has come, Let it stay. / Peace has come to all today.

2. Hymn. 278

Pilgrim on earth, home and heaven are within thee, / Heir of the ages and child of the day. / Cared for, watched over, beloved and protected, / Walk thou with courage each step of the way. /

Truthful and steadfast though trials betide thee, / Ever one thing do thou ask of thy Lord, / Grace to go forward, wherever He guide thee, / Gladly obeying the call of His word. /

Healed is thy hardness, His love hath dissolved it, / Full is the promise, the blessing how kind; / So shall His tenderness teach thee compassion, / So all the merciful, mercy shall find.

3. Hymn. 576

Shepherd, show me how to go / O'er the hillside steep, / How to gather,
how to sow,— / How to feed Thy sheep; / I will listen for Thy voice, /
Lest my footsteps stray; / I will follow and rejoice / All the rugged way. /

Thou wilt bind the stubborn will, / Wound the callous breast, / Make
self-righteousness be still, / Break earth's stupid rest. / Strangers on a
barren shore, / Lab'ring long and lone, / We would enter by the door, /
And Thou know'st Thine own; /

So, when day grows dark and cold, / Tear or triumph harms, / Lead Thy
lambkins to the fold, / Take them in Thine arms; / Feed the hungry, heal
the heart, / Till the morning's beam; / White as wool, ere they depart, /
Shepherd, wash them clean.

The Bible

1. Ps. 139:7–10

Whither shall I go from thy spirit? or whither shall I flee from thy
presence? If I ascend up into heaven, thou art there: if I make my bed in
hell, behold, thou art there. If I take the wings of the morning, and dwell
in the uttermost parts of the sea; Even there shall thy hand lead me, and
thy right hand shall hold me.

2. Gen. 12:1, 2, 4, 5 (to 2nd ;)

Now the LORD had said unto Abram, Get thee out of thy country, and
from thy kindred, and from thy father's house, unto a land that I will

shew thee: And I will make of thee a great nation, and I will bless thee, and make thy name great; and thou shalt be a blessing: ...

So Abram departed, as the LORD had spoken unto him; and Lot went with him: and Abram was seventy and five years old when he departed out of Haran. And Abram took Sarai his wife, and Lot his brother's son, and all their substance that they had gathered, and the souls that they had gotten in Haran; and they went forth to go into the land of Canaan; ...

3. Heb. 11:8–10

By faith Abraham, when he was called to go out into a place which he should after receive for an inheritance, obeyed; and he went out, not knowing whither he went. By faith he sojourned in the land of promise, as in a strange country, dwelling in tabernacles with Isaac and Jacob, the heirs with him of the same promise: For he looked for a city which hath foundations, whose builder and maker is God.

4. Ps. 32:8

I will instruct thee and teach thee in the way which thou shalt go: I will guide thee with mine eye.

5. Ps. 37:23

The steps of a good man are ordered by the LORD: and he delighteth in his way.

6. Prov. 3:5, 6

¶ Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.

7. Ps. 89:15

Blessed is the people that know the joyful sound: they shall walk, O LORD, in the light of thy countenance.

8. Ps. 118:24

This is the day which the LORD hath made; we will rejoice and be glad in it.

9. Ps. 56:3, 13

What time I am afraid, I will trust in thee. ...

For thou hast delivered my soul from death: wilt not thou deliver my feet from falling, that I may walk before God in the light of the living?

10. Ps. 121:8

The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.

11. Matt. 6:31, 33, 34 (New Living Translation)

31 “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ .. 33 Seek the Kingdom of God[a] above all else, and live righteously, and he will give you everything you

need. 34 “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.

12. Prov. 4:25

Let thine eyes look right on, and let thine eyelids look straight before thee.

13. Ps. 71:1

In thee, O LORD, do I put my trust: let me never be put to confusion.

14. Deut. 10:12 what

... what doth the LORD thy God require of thee, but to fear the LORD thy God, to walk in all his ways, and to love him, and to serve the LORD thy God with all thy heart and with all thy soul,

15. Isa. 30:21

And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left.

16. Isa. 35:8 (to 1st ;)

And an highway shall be there, and a way, and it shall be called The way of holiness; ...

17. Isa. 40:28–31

¶ Hast thou not known? hast thou not heard, that the everlasting God, the LORD, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding. He giveth power to the faint; and to them that have no might he increaseth strength. Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

18. Luke 10:1, 4, 5, 8, 9

After these things the Lord appointed other seventy also, and sent them two and two before his face into every city and place, whither he himself would come. ...

Carry neither purse, nor scrip, nor shoes: and salute no man by the way. And into whatsoever house ye enter, first say, Peace be to this house. ...

And into whatsoever city ye enter, and they receive you, eat such things as are set before you: And heal the sick that are therein, and say unto them, The kingdom of God is come nigh unto you.

19. Isa. 58:11 the

... the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

20. Jer. 29:11

For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.

21. I Cor. 14:33

For God is not the author of confusion, but of peace, as in all churches of the saints.

22. I Thess. 3:11

Now God himself and our Father, and our Lord Jesus Christ, direct our way unto you.

23. James 1:4 let

... let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

24. Eph. 5:8

For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light:

Science and Health with Key to the Scriptures by Mary Baker Eddy

1. SH 254:10–12

When we wait patiently on God and seek Truth righteously, He directs our path.

2. SH 454:18

Love inspires, illumines, designates, and leads the way. Right motives give pinions to thought, and strength and freedom to speech and action.

Love is priestess at the altar of Truth. Wait patiently for divine Love to move upon the waters of mortal mind, and form the perfect concept. Patience must “have her perfect work.”

3. SH 506:18

Spirit, God, gathers unformed thoughts into their proper channels, and unfolds these thoughts, even as He opens the petals of a holy purpose in order that the purpose may appear.

4. SH 566:1

As the children of Israel were guided triumphantly through the Red Sea, the dark ebbing and flowing tides of human fear, — as they were led through the wilderness, walking wearily through the great desert of human hopes, and anticipating the promised joy, — so shall the spiritual idea guide all right desires in their passage from sense to Soul, from a material sense of existence to the spiritual, up to the glory prepared for them who love God. Stately Science pauses not, but moves before them, a pillar of cloud by day and of fire by night, leading to divine heights.

5. SH 11:22–27

We know that a desire for holiness is requisite in order to gain holiness; but if we desire holiness above all else, we shall sacrifice everything for it. We must be willing to do this, that we may walk securely in the only practical road to holiness.

6. SH 21:9

If the disciple is advancing spiritually, he is striving to enter in. He constantly turns away from material sense, and looks towards the imperishable things of Spirit. If honest, he will be in earnest from the start, and gain a little each day in the right direction, till at last he finishes his course with joy.

7. SH 514:6

Mind, joyous in strength, dwells in the realm of Mind. Mind's infinite ideas run and disport themselves. In humility they climb the heights of holiness.

8. SH 202:17

The days of our pilgrimage will multiply instead of diminish, when God's kingdom comes on earth; for the true way leads to Life instead of to death, and earthly experience discloses the finity of error and the infinite capacities of Truth, in which God gives man dominion over all the earth.

9. SH 249:6–8

Let us feel the divine energy of Spirit, bringing us into newness of life and recognizing no mortal nor material power as able to destroy.

10. SH 218:27–31; 219:15–20

The Scriptures say, "They that wait upon the Lord . . . shall run, and not be weary; and they shall walk, and not faint." The meaning of that passage is not perverted by applying it literally to moments of fatigue, for the moral and physical are as one in their results. ...

... We shall not call the body weak, if we would have it strong; for the belief in feebleness must obtain in the human mind before it can be made manifest on the body, and the destruction of the belief will be the removal of its effects.

11. SH 192:23–24 (to 1st .)

The good you do and embody gives you the only power obtainable.

12. SH 426:5–11

The discoverer of Christian Science finds the path less difficult when she has the high goal always before her thoughts, than when she counts her footsteps in endeavoring to reach it. When the destination is desirable, expectation speeds our progress. The struggle for Truth makes one strong instead of weak, resting instead of wearying one.

13. SH 429:7

When walking, we are guided by the eye. We look before our feet, and if we are wise, we look beyond a single step in the line of spiritual advancement.

14. SH 492:3–4

For right reasoning there should be but one fact before the thought, namely, spiritual existence.

15. SH 424:5–11

Accidents are unknown to God, or immortal Mind, and we must leave the mortal basis of belief and unite with the one Mind, in order to change the notion of chance to the proper sense of God's unerring direction and thus bring out harmony.

Under divine Providence there can be no accidents, since there is no room for imperfection in perfection.

16. SH 544:16–17

All is under the control of the one Mind, even God.

17. SH 578:4–5, 16

[DIVINE LOVE] is my shepherd; I shall not want. ...

...

Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house [the consciousness] of [LOVE] for ever.

18. SH vii:1–2

To those leaning on the sustaining infinite, to-day is big with blessings.